

## What else does St. Joseph's Offer?

### Respite Program

Let the skilled and caring staff at St. Joseph's Home care for your loved one in the Respite Care Program at our 82-bed state of the art facility.

The program offers care-givers relief for a pre-arranged short term stay from five to 30 days.

If you are interested in learning more about the Respite Care Program call our Social Worker, Cindy Leger at (315) 393-3780.

### Quality Care

St. Joseph's offers a relaxing, comfortable, home-like atmosphere with enhanced services for residents with rehabilitation needs, dementia, or terminal illness.

Physical therapy is also offered and residents can take advantage of a beautiful chapel, a Snoezelen Room for soothing activities, and an enclosed courtyard with gazebos, gardens and wheelchair accessible swing.

St. Joseph's Home  
950 Linden St.  
Ogdensburg, N.Y. 13669

Non-Profit  
Organization  
U.S. Postal Paid  
Ogdensburg, N.Y.  
Permit No. 207

## Social Day Care Program



950 Linden Street  
Ogdensburg, N.Y. 13669  
315-393-3780  
[www.stjh.org](http://www.stjh.org)

## *What is the Social Day Care Program?*

The Home's Social Day Care Program for seniors, is the only one of its kind in St. Lawrence County.

The program:

- Takes place Tuesday through Friday from 10 a.m. until 4 p.m. Participation is flexible and those enrolled can attend from one to four days per week

- Lunch is provided at St. Joseph's Home

- offers opportunities for socialization

- Participants will take part in the same activities on a daily basis as the residents of the nursing home which includes picnics and outings

- There is a modest cost associated with the program

For more information contact Sarah Matthews, activities director, at 393-3780 extension 1050

## *A sample of Social Day Care Activities:*

- Gathering group (daily)
- Manicures (daily)
- Mind and Body Stretch (daily)
- Mass/Communion (sans Saturday)
- Sensory Awareness
- Aromatherapy
- Snoezelen Room
- Mail/Pastoral Visits (sans Sunday)
- Crafts
- Bingo (3 times a week)
- Dutch Lunch Bunch
- Resident Shopping (weekly)
- Parties - Holiday or other themes as residents choose
- Musical entertainment
- Picnics at the Greenbelt
- Shopping trips to Wal-Mart
- Casino Trip
- Bus rides in the country
- Supper Club
- Computers with Internet
- Nintendo Wii for exercise
- Prom at the Gran-View
- Rosary on Mondays

## **How to get an application?**

To have an application mailed to you please fill in the following information:

**Name:**

**Relationship to the participant:**

**Address:**

**Phone:**

**Can the participant administer their own meds with minimal assistance? Please circle (Yes/No)**

**Is the participant able to toilet themselves with minimal assistance? Please circle (Yes/No)**

**Possible days participant would like to attend:**

**Any specific questions you'd like answered about the program?**

Fill out this short questionnaire and mail back to St. Joseph's Home, 950 Linden St., Ogdensburg, N.Y., 13669; Attention Sarah Matthews, Activities Director.